



THE FRENCH LETTUCE
Patisserie & Bakery
FRENCH LETTUCE
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237 Nicholson St., Carlton. 3053
Tel 9347 7105 / 9347 7311 Fax 9347 9150
Tue-Sat 7am-5.00pm, Sun 7am-5pm

CATERING MENU 2009

All prices include GST. Subject to change without notice.

Established over 30 years ago, The French Lettuce is a fully equipped Patisserie / Bakery with a full team of chefs and support staff.

We produce a wide range of quality products ranging from savoury finger food to magnificent wedding cakes. We bake fresh and deliver 6 days a week, anywhere in Victoria.

Our customers include government departments, large and small businesses, universities, hospitals, cafes and many of Victoria's top restaurants and clubs, as well as many private customers.

PLATTERS

Platters are priced per person and offer generous serves.

Fruit	\$6.00
Cake	\$6.50
Fruit & Cheese	\$7.50
Fruit & Cake	\$7.50
Cheese	\$7.50

SANDWICHES

Our sandwiches are made with our own freshly baked bread filled with a variety of quality ingredients and finished with our own mayonnaise, chutneys, dips, sauces and dressings.

Please advise us of vegetarian servings.

Bite sized Filled Baguettes	\$3.50
Filled Baguettes	\$7.50
Dainty Ribbon Sandwiches in rounds of three	\$7.50
Gourmet Sandwiches – A selection of white, light rye and Sourdough bread. Rounds may be cut into halves or quarters.	\$7.50

Sandwiches may be boxed or arranged on platters.

FRESH FROM THE OVEN

Breakfast Suggestions

Bircher Muesli (per serve)	\$6.50
Dried Fruit Compote (per serve)	\$6.50
Greek Yoghurt (per serve)	\$3.50
Traditional Croissants	\$3.00
Mini Croissants	\$2.00
Ham & Cheese Croissants	\$6.50
Mini Ham & Cheese Croissants	\$3.00
Almond Croissants	\$4.00
Mini Almond Croissants	\$2.50
Escargot	\$4.00
Mini Escargot	\$2.50
Fresh Fruit Danish	\$4.00
Mini Danish	\$2.50
Chocolate Croissants	\$4.00
Mini Chocolate Croissants	\$2.50
Plain Scones	\$2.50
Raisin Scones	\$3.00
Muffins	\$3.50
Mini Muffins	\$2.00

QUICHE

Spinach and Pinenut	Bite Size	\$ 2.50
Tomato, spinach and fetta,	Individual	\$ 5.00
Salmon with Avocado	8" Large	\$28.50
	½ Quiche	\$15.00

FRITTATA

9"	\$25.00
12"	\$35.00

SAVOURY FINGER FOOD

Best served warm:

Mini Beef Burgundy Pies	\$2.50
Mini Chicken and Mushroom Pies	\$2.50
Bite Size Tomato, Cheese and Onion Rolls	\$2.00
Bite Size Sausage Rolls	\$2.00
Bite Size Spinach and Ricotta Rolls	\$2.00
Bite Size Chicken and Sage Rolls	\$2.00
Mini Spring Rolls	\$2.00

May be served either warm or cold:

Risotto Balls with pumpkin and sage	\$2.50
Mini Vegetable Frittata	\$2.50
Mini Assorted Quiches	\$2.50
Mini Tomato & Bocconcini tarts	\$2.50
Cheese Sticks	\$2.00
Thai style Tuna Balls with coriander, chilli and noodles	\$2.50
- Excellent with sweet chilli dipping sauce	\$4.50
Tofu Balls flavoured with sunflower and sesame seeds, coriander sweet potato and chilli	\$2.00
Pumpkin and Almond Bites with spinach and cheese	\$2.00
Lentil and Potato Balls with toasted coconut and spring onions	\$2.00
Baked Ricotta Bites with spinach, sun dried tomatoes, sweet potato and parmesan	\$2.00
Dolmades – Vine Leaves stuffed with mince and rice	minimum 12 \$2.50
Mini Rice Paper Rolls - vegetarian	minimum 12 \$2.50
Kofta – spicy Middle Eastern meatballs	\$2.50
Chicken & Apricot Balls	\$2.50
Mini Pizza Squares	\$2.50
Mini Choux with Roast Beef & Horse radish cream	\$2.80
Mini Choux with Smoked Salmon Crème Fraiche & Dill	\$2.80
Sushi	minimum 12 \$2.50
Individual Frittata with Smoked Trout & Bocconcini	minimum 24 \$3.50
Spinach Pide – mini Turkish bread filled with Spinach	minimum 24 \$2.50
Haloumi Pide - mini Turkish bread filled with Haloumi cheese	minimum 24 \$2.50
Marinated Chicken Skewers	minimum 12 \$3.50
Sticky Thai Red Chicken Wings	minimum 12 \$3.00

Something Sweet:

Petit Four Tartlets – strawberry, kiwi, lemon Passionfruit, vanilla, chocolate	minimum 12 \$2.50
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SAVOURY PLATTERS

Antipasto: Spinach & Gorgonzola Dip, Hand Rolled Grissini, Roast Vegetable Frittata, Eggplant Schnitzel, Roast Capsicum & Zucchini, Olives, Baked Polenta, Italian Meatballs, Baby Bocconcini with Prosciutto, Marinated Mushrooms.

Meze: Babaganoush & Tzatziki Dip, Turkish Bread, Marinated Feta, Stuffed Vine Leaves, Olives, Felafel, Spanakopita, Lamb Kofta, Green Beans.

Asian: Prawn Crackers, Sushi, Mini Spring Rolls, San Choi Bow, Tuna Noodle Balls, Thai Chicken Bites, Broccoli with Sesame Dressing, Yakitori Chicken Skewers, Sweet Chilli Sauce & Soy Sauce.

Please give 48 hours prior to requirement. Platters are priced at a minimum of six people at \$35 per person.

THE FRENCH LETTUCE PICNIC HAMPER

The French Lettuce understands how to make a picnic memorable – be it the Spring Racing Carnival, Jazz at the Zoo or just time out with family & friends. The picnic hamper is available all year round and includes;

- Baguette
- Salads: Green, Pesto Pasta, Roast Vegetable
- King Island Brie
- Pate
- Salmon Dip
- Individual Quiche
- Assorted Savoury Finger Food & Homemade Chilli Sauce
- Lemon & Date Chutney
- Chocolate Dipped Strawberries or Fruit
- Fresh Cakes & Sweet Tartlets

Or Make your own selection from our catering list.

\$45.00 per head – minimum 2 people

Picnic Presentation: In an attractive French Lettuce Hamper Box

Paper napkins, disposable plates, cutlery & wine cups included.

SALADS

To ensure availability please give 48 hours notice prior to requirement. We provide bowls and salad servers. Please return them the day after the event. Please do not hesitate to request your favourite salad if not listed here. (Serves 8-10 persons)

Pesto Pasta – penne pasta dressed with a basil pesto mayonnaise	\$50.00
Greek Salad	\$50.00
Rocket & Shaved Parmesan with a Balsamic Dressing	\$40.00
Mesclun with a Mustard Vinaigrette	\$40.00
Mozzarella, Tomato & Basil Salad – served on a platter	\$50.00
Tabbouleh	\$50.00
Roasted Winter Vegetables with Rosemary	\$55.00